What is claimed:

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- 1. A synthetic apolipoprotein-E mimicking polypeptide comprising an amino acid sequence selected from the group of
- $\label{eq:continuous} \mbox{(i) X-Y-Arg-Arg-Y-Y-X-X-Y-Y-Arg-Y-Y-Arg-X-Y-Y-X or the reverse sequence thereof,}$
- (ii) Arg-Arg-Y-Y-X-X-Y-Y-Arg-Y-Y-Arg-X-Y or the reverse sequence thereof,
- (iii) Y-Y-X-Y-Y-Arg-Y-Y-Arg-X-Y-Y-X or the reverse sequence thereof, and
- (iv) X-Y-Arg-Arg-Y-Y-X-X-Y-Y-Arg-Y-Y-Arg or the reverse sequence thereof,

wherein X is glycine, threonine, serine or alanine,

wherein Y is a hydrophobic amino acid,

wherein the polypeptide comprises an acetyl group at the N-terminus and an amide group at the C-terminus, and

wherein the polypeptide consists of a single domain.

- 2. The polypeptide of claim 1, wherein Y is selected from the group consisting of phenylalanine, tyrosine, leucine, isoleucine, valine, and tryptophan.
- 3. The polypeptide of claim 1, wherein the polypeptide comprises from about 10 amino acids to about 30 amino acids in length.
- 4. The polypeptide of claim 1, wherein the polypeptide comprises a sequence of consecutive amino acids selected from the group of SEQ ID NOS:1-207.

- 5. The polypeptide of claim 1, wherein the polypeptide comprises the sequence Gly-Ile-Arg-Arg-Phe-Leu-Gly-Ser-Ile-Trp-Arg-Phe-Ile-Arg-Ala-Phe-Tyr-Gly (SEQ ID NO:5).
 - 6. The polypeptide of claim 1, which is a recombinant polypeptide.
 - 7. The polypeptide of claim 1, which is a synthetic polypeptide.
 - 8. The polypeptide of claim 1, which is a peptidomimetic.
- 9. An isolated nucleic acid encoding the polypeptide of any one of claims 1 to 8.
- 10. The nucleic acid of claim 9, wherein the nucleic acid comprises DNA, RNA and/or cDNA.
 - 11. A vector comprising the nucleic acid of claim 9.
 - 12. A host cell comprising the nucleic acid of claim 9.
 - 13. The host cell of claim 12, which is eukaryotic or prokaryotic.
- 14. The polypeptide of claim 1, wherein the polypeptide enhances binding of low-density lipoprotein (LDL) or very low density lipoprotein (VLDL) to a cell.
- 15. The polypeptide of claim 1, wherein the polypeptide enhances degradation of low-density lipoprotein (LDL) or very low density lipoprotein (VLDL) by a cell.
- 16. A composition comprising the polypeptide of any one of claims 1 to 8 and a pharmaceutically acceptable carrier.
- 17. The composition of claim 16, wherein the carrier comprises dimyristoylphosphatidyl (DMPC), phosphate buffered saline or a multivesicular liposome.

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- 18. A monoclonal antibody that specifically binds to the polypeptide of any one of claims 1 to 8.
- 19. A method for enhancing LDL binding to a cell, the method comprising contacting the cell with the polypeptide of any of claims 1 to 8.
- 20. A method for enhancing LDL and VLDL binding to a cell in a subject, the method comprising administering the polypeptides of any of claims 1 to 8, or a composition thereof, to the subject in an amount effective to increase LDL and VLDL binding to the cell of the subject.
- 21. A method for reducing serum cholesterol in a subject, the method comprising the step of administering to the subject an amount of the polypeptides of any of claims 1 to 8, or a composition thereof, effective to increase binding of LDL and/or VLDL to cells in the subject, thereby reducing serum cholesterol in the subject.
- 22. A method for treating a subject with coronary artery disease, the method comprising the step of administering to the subject an amount of the polypeptides of any of claims 1 to 8, or a composition thereof, to thereby treat the subject.
- 23. A method for treating a subject with dysbetalipoproteinemia, the method comprising the step of administering to the subject an amount of the polypeptide of any of claims 1 to 8, or a composition thereof, to thereby treat the subject.
- 24. A method for reducing the risk of myocardial infarction in a subject, the method comprising the step of administering to the subject an amount of the polypeptide of any of claims 1 to 8, or a composition thereof, to thereby treat the subject.

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- 25. A method for treating atherosclerosis in a subject, the method comprising the step of administering to the subject the polypeptide of any of claims 1 to 8, or a composition thereof.
 - 26. A recombinant cell comprising the nucleic acid of claim 9.

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- 27. A recombinant cell producing the polypeptide of any one of claims 1 to 8.
- 28. A transgenic, non-human subject comprising the nucleic acid of claim 9.

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- 29. The transgenic subject of claim 28, wherein the subject is an animal or a plant.
- 30. A transgenic non-human subject expressing the polypeptide of any of claims 1 to 8.
- 31. The method of any of claims 19 to 25, wherein the administration is oral, parenteral, by intramuscular injection, by intraperitoneal injection, transdermal, extracorporeal, topical, intranasal or by inhalant.

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- 32. The method of any of claims 19 to 25, wherein the subject is a human subject.
- 33. The method of any of claims 19 to 25, wherein the subject is mammal is a mouse, a rat, a rabbit, a cow, a sheep, a pig, or a primate.

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34. The method of claim 33, wherein the primate is a human, a monkey, an ape, a chimpanzee, or an orangutan.